

Chicken Parmesan Veggie Lasagna

SERVES

· 21 portions

INGREDIENTS

- · 21 pieces 821WG lasagna rollup
- · 6 cups marinara sauce, divided
- · 3/4 lb popcorn chicken
- · 1 cup mozzarella cheese, shredded
- · ½ cup chopped parsley

PREPARATION

- · Keep lasagna frozen until ready to cook
- · Spray a standard size hotel pan with non-stick spray
- · Spread 3 cups of marinara sauce evenly across bottom of hotel pan
- \cdot Shingle lasagna in the pan 3 x 7
- · Cover with remaining 3 cups of marinara sauce
- · Spread popcorn chicken on top of sauced lasagna
- · Top with mozzarella cheese
- · Cover with aluminum foil
- · Bake at 350°F for 40 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot
- Cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting
- · Cook all food thoroughly to 165°F
- · Carefully remove from oven and discard foil
- · Garnish with fresh chopped parsley

CN CONTRIBUTIONS

2 m/ma, 1 oz eq grain, ½ cup veg

SERVING SUGGESTIONS

Serve with our breadsticks (62101) or garlic knots (62200) to ensure your grain requirements are met

NUTRITION FACTS PER SERVING*

Calories 280 Total Fat 7g Sat Fat 2.5g Sodium 800mg

*This is an approximation of the final nutritional data and will vary based on the actual products you choose to use in the recipe

CHEF TIPS



Cook from frozen



Shingle lasagna

RECIPE VIDEOS

Instructional videos are available at www.tastybrandsk12.com/pastabilities









